

Official kit list.



There are kit weight limits for each section, which must be followed. Be smart about what you bring with you and leave any non-essentials at home. If you follow our kit list, this is easily achievable.

Age category	Hiker age	Kit weight limit
Pathfinder (30km)	At least 10½ years of age, but not 12½ yet.	Day pack: 6kg + a transported rucksack: 10kg
Pathfinder Plus (40km)	At least 12½ years of age, but still in Scouts or Guides.	Rucksack: 8kg
Explorer (50-60km)	At least 13½ years of age, and an Explorer or Ranger.	Rucksack: 10kg

Our official kit list outlines items our organisers recommend you have with you, and items that you **must have with you in bold**.

At the start location, your team will each have their rucksacks weighed, and then asked if you have all the items required. To be able to start Cheshire Hike, you will need to show everything in bold below, and carry under the weight limit above. Please note you may be sent home otherwise. There are points available for having the correct equipment.

Pathfinder

Your sleeping bag, bed roll, tent(s), cooking equipment, evening meal and breakfast must be packed in a single rucksack per hiker, clearly marked with your team number. This rucksack must be easy for us to transport to

basecamp for you, and weigh no more than 10kg. All remaining kit should be packed in a daypack to carry, which must be under 6kg.

Pathfinder Plus & Explorer

All kit must be packed into the rucksacks being carried by the team.

Personal clothing	Personal food and equipment	Team equipment
Waterproof jacket, and waterproof or quick-drying trousers	Lunch for Saturday Evening meal for Saturday Breakfast for Sunday Lunch for Sunday	2-3 man hike tent(s) - family-sized tents are not permitted
Mid layer, for example a fleece or soft shell	Snacks	Cooking equipment including stove, with gas/fuel
Base layer, and a few spares	Water bottle or bladder	Matches or lighter
Underwear and socks, and a few spares	Rucksack with waist support, and a liner or dry bag	Small first aid kit
Hiking boots and hiking socks, and a few spares	Cutlery and a mug	Pocket suncream
Comfortable footwear for basecamp and the finish	3+ season sleeping bag, and Thermarest or bed roll	Hand sanitizer
Scout or Guide uniform top for the finish ceremony	Sleeping bag liner	Map case, and fine-point marker
Warm hat and gloves, sun hat and sunglasses	Torch, watch and whistle	One or two Silva-style compasses, depending on team size
Gaiters	Mobile phone	1:25000 scale map(s) provided by Cheshire Hike at the start
Small towel & wash kit		

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