

# Cheshire Hike 2020

## Official Kit List



Be smart about what you bring with you and leave any non essentials at home. Each section has a maximum weight limit but if you pack correctly then it shouldn't really matter at all.

### Pathfinder

Weight Limit: 6kg / 13lb

Essential kit should be packed in a daypack, and your team equipment consisting of your tent, cooker, fuel, evening meal and breakfast should be packed in a separate rucksack; clearly marked with your team number. This will be transported to the Basecamp ready for you to pitch on arrival.

### Pathfinder Plus and Explorers

Pathfinder Plus Weight Limit: 8kg / 17.5lb

Explorers Weight Limit: 10kg / 22lb

All of your kit should be packed into the rucksacks being carried by the team. Your team will have their packs weighed, and then asked if you have all the items required.

To be able to start Cheshire Hike, you will need to show everything in bold below, and carry under the weight limit above. There will be points available for having the correct equipment.

| Personal Clothing                    | Personal Equipment                   | Food                      | Team Equipment                                    |
|--------------------------------------|--------------------------------------|---------------------------|---|
| <b>Waterproof jacket</b>             | <b>Spork / cutlery</b>               | <b>Lunch (Saturday)</b>   | <b>Lightweight hike tent</b>                      |
| Insulating layer                     | <b>3 season sleeping bag</b>         | <b>Dinner (Saturday)</b>  | <b>Stove &amp; cooking equipment</b>              |
| <b>Waterproof trousers</b>           | Sleeping bag liner                   | <b>Breakfast (Sunday)</b> | <b>Gas or fuel<br/>(in appropriate container)</b> |
| <b>Mid layer (soft shell/fleece)</b> | <b>Thermarest or bed roll</b>        | <b>Lunch (Sunday)</b>     |   |
| <b>Base layers (&amp; spare)</b>     | <b>Rucksack (with waist support)</b> | Snacks                    | Matches or lighter                                |
| <b>Quick dry trousers</b>            | Torch                                |                           | <b>Small first aid kit</b>                        |
| Gaiters (optional)                   | Watch & whistle                      |                           | <b>Suncream</b>                                   |
| <b>Hiking socks &amp; boots</b>      | Mobile phone (optional)              |                           | <b>Fine point marker</b>                          |
| Base layer bottoms (optional)        | <b>Silva style compass</b>           |                           | Map case (optional)                               |
| Underwear & socks (& spare)          | Rucksack liner / dry bags            |                           | 1:250000 scale map<br>(provided by Cheshire Hike) |
| Sun / rain & warm hat                | <b>Water bottle / bladder</b>        |                           |   |
| Sunglasses                           | Small towel & wash kit               |                           |   |
| Buff and gloves                      |                                      |                           |   |
| <b>Evening &amp; finish footwear</b> |                                      |                           |   |
| <b>Uniform top (for the finish)</b>  |                                      |                           |   |